

Complete each statement below with a SINGLE SENTENCE. (Limit one sentence per item and allot 2 minutes per person for the entire update.) To save time, read only the underlined words followed by your sentence. This update form is particularly useful when the Forum wants to save time on monthly updates to allow for other activities.

Business

- 1) What is the best thing that happened during the last month related to your business?
- 2) What is the worst thing that happened during the last month related to your business?
- 3) What is the biggest business challenge facing you over the next 30 days?
- 4) How are you planning to deal with it or how are you already handling it?
- 5) What are you most looking forward to in the next 30 days?

Family

- 6) What is the best thing that happened during the last month related to your family?
- 7) What is the worst thing that happened during the last month related to your family?
- 8) What is the biggest challenge facing you over the next 30 days related to your family?
- 9) How are you planning to deal with it or how are you already handling it?
- 10) What are you most looking forward to with your family in the next 30 days?

Personal

- 11) What is the best thing that happened during the last month personally?

- 12) What is the worst thing that happened to you personally during the last month?

- 13) What is the biggest challenge facing you personally over the next 30 days?

- 14) How are you planning to deal with it or how are you already handling it?

- 15) What are you most looking forward to in the next 30 days?